



SOO MIN LIM

I am a Visual and Performance Artist exploring the connection between spirituality and mental health, focusing on the body as a freestyle dancer and a woman facing mental health challenges. My work blends performance art, video art, illustration, and installation to express the complexities of mental health.

Through my art, I share the experience of living with schizophrenia and explore how feminism shapes emotions, revealing hidden layers of meaning.

Inspired by my own struggles, my creations reflect the human experience and invite viewers to reflect on their own lives and emotions.

SKILLSET

Performing Art
Visual Art

SOFTWARES

Adobe Photoshop
Adobe Illustrator
Adobe After Effects
Adobe Premiere Pro
Maxon Cinema4D

CONTACT

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EDUCATION

2023 – Current Bachelor of Arts (Honours) Fine Art

Nanyang Academy of Fine Arts

2019 – 2021 Specialist Diploma in Digital Content Marketing

Singapore Polytechnic

2018 – 2019 Specialist Diploma in Branding Design

Temasek Polytechnic

2016 – 2018 Diploma Plus in Certificated in Digital Film

Singapore Polytechnic

2015 – 2018 Diploma in Visual Effects & Motion Graphics

Singapore Polytechnic

2013 - 2015 Higher Nitec in Information Technology

ITE College West

2009 – 2012 GCE 'N'(A) Levels

Clementi Woods Secondary School

WORK EXPERIENCES

FREELANCE EXPERIENCES

2024 - 2024 UOB Bank

May - July

Generative AI Motion Graphics

Generated moving graphics , using stable diffusion with the use of text prompt ,with the theme Art + Nature in mind

2023 - 2024

Dec - Current

Artary

Freelancer Children Art Teacher

Teaching Fine Arts classes engaging children aged 3 – 12 years in mediums including Sketching with Pencils and Charcoals, acrylic painting , Oil Pastels, Clay and Crafts

.2018 - 2018

May - June

Anomalist Studio

Freelance Motion Graphics Designer

Doing motion Graphics for Singapore Youth Festival Concert

2017 - 2017

Sept - Oct

Singapore Police Force

Student Project 37TH Aseanpol Conference

Doing ASEANPOL Shadow dancing ,a performance consisting of dancer interacting with a Motion Graphics Video

FULL TIME & INTERNSHIP EXPERIENCES

2022 - 2023 Artary

July- July

Full time Children Art Teacher

Administration , preparing material according to lesson plan , teaching Fine Arts classes engaging children aged 3 – 12 years in mediums including Sketching with Pencils and Charcoals, acrylic painting , Oil Pastels, Clay and Crafts

2020 - 2022

Nov - May

Muzart Learning Centre (West Coast)

Art Teacher Cum Graphic Designer

Educate children from 3-12 years olds, on basic art principles and techniques. Execute lesson plans

2018 - 2019

Sept - Oct

Louken Group Pte Ltd

Junior Designer

Under its subsidiary company A.S Louken Branding Doing branding design, collateral design items and Animation .

2017 - 2018

Oct - Feb

Genesis Motion Design

Intern Motion Graphics Designer

Doing motion graphics , Illustration & Graphics Design

2014 - 2015

Dec - Mar

Singapore Management University

Art Teacher Cum Graphic Designer

Intern Web Designer/Programmer

Doing website, programming and designing banner

EXHIBITION & SHOWCASE

2023 - NAFA Open House

Nanyang Academy of Fine Arts

Installation of an interdisciplinary piece titled 'Catharsis'. Exploration of body dancing against elastic fabric cloth and using shadow to express repressed emotions.

2023 - 'Bodies' – NAFA Open Studios

Nanyang Academy of Fine Arts

Installation of an interdisciplinary piece titled 'Catharsis'. Exploration of body dancing against elastic fabric cloth and using shadow to express repressed emotions.

2024 - 'Chrysalis' – Menagerie

Photographic Society Singapore

My artwork, Chrysalis, explores the spiritual idea of rebirth/renewal through the concept of the chrysalis. Chrysalis was exhibited at the Photographic Society Singapore as part of the exhibition "menagerie".

2024 - 'Abstract Expression' – SOMERSET GRAFF JAM VOL.2

Somerset Youth Park

Chosen as one of the artists for Somerset Graff Jam Vol.2.

My piece, Abstract Expression created with spray bottles, explores mental health through the lens of schizophrenia.

2024 - "Women of:Waterloo" - 'Echoes Echoes Echoes'

NAFA Open Studios

Nanyang Academy of Fine Arts

"Women of:Waterloo" is a participatory body of work that reclaims public space to honour and amplify voices of women in Waterloo Street. This tea party projections of people of the community reflect moments of shared laughter and storytelling, through the feminine act of braiding and handling textile.

2024 - 'Moulting Knots' – Everything in Between

NAFA Open Studios

Nanyang Academy of Fine Arts

Our Collective seeks to confront the societal reluctance to discuss death, a taboo rooted in tradition and social customs. In this installation, we display final conversations between loved ones as well as messages left unread by the intended recipients. Despite the fragility of our pieces, we invite audiences to engage with the work tactilely, uncovering the words embedded in the ceramics.

2025 - "Women of:Waterloo" - 'Echoes Echoes Echoes'

NAFA Open House

Nanyang Academy of Fine Arts

"Women of:Waterloo" is a participatory body of work that reclaims public space to honour and amplify voices of women in Waterloo Street. This tea party projections of people of the community reflect moments of shared laughter and storytelling, through the feminine act of braiding and handling textile.

2024 - 'Moulting Knots' – Flagship Genius

NAFA, The Ngee Ann Kongsi Gallery Gallery 2

Nanyang Academy of Fine Arts

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ACHIEVEMENTS

2018 - Gold in Film & Photography : Animation (WON)

The Crowbar Awards 2018

is an animated short film about the coming of age of a teenage girl who is unable to overcome her fears of adulthood.

2018 - Best Art Direction in an Animated Film

National Youth Film Awards 2018 (Nominated)

is an animated short film about the coming of age of a teenage girl who is unable to overcome her fears of adulthood.

LEADERSHIP

2024 - Student Leader for Orientation 2024

Nanyang Academy of Fine Arts

Planning of Schedule , on how to engage the new students and leading the students in bring them around school.Providing advise to them on NAFA schooling life